

► Part I: Items

Instructions: Look at the sample items below and ask yourself this question, "To what degree do I need help with this?" Blacken the choice that is closest to the way you feel. The choices are:

SA	Strongly Agree	Blacken this circle if you feel you need a great deal of help with this item.
A	Agree	Blacken this circle if you feel you need some help with this item.
N	No Opinion	Blacken this circle if you have no feelings about this item.
D	Disagree	Blacken this circle if you don't think you need help with this item.
SD	Strongly Disagree	Blacken this circle if you are sure you don't need help with this item.

I need help:	SA	A	N	D	SD
1. To learn how to drive a truck.	SA	A	N	<input checked="" type="radio"/>	SD
2. To learn how to solve problems.	SA	<input checked="" type="radio"/>	N	D	SD

When you are told to begin, go through all of the statements and mark them like the samples shown above. Are there any questions? (Note: There are no Category D, G, I, L in this survey.)

► Category A: Exploring Careers

I need help:	SA	A	N	D	SD
1. To find out more about jobs and careers.	SA	A	N	D	SD
2. To know the importance of good work habits for school and future jobs.	SA	A	N	D	SD
3. To know some reasons why people work.	SA	A	N	D	SD
4. To know that people need to work together.	SA	A	N	D	SD
5. To know some things I like and can do well.	SA	A	N	D	SD

► Category B: Understanding and Accepting Myself

I need help:	SA	A	N	D	SD
6. To understand how to deal with a wide variety of feelings (happiness, sadness, and anger).	SA	A	N	D	SD
7. To know how to express those thoughts and feelings that are important to me.	SA	A	N	D	SD
8. To know how to handle my problems or where to get help.	SA	A	N	D	SD
9. To understand my strengths and talents.	SA	A	N	D	SD
10. To understand and accept myself.	SA	A	N	D	SD

► Category C: Understanding How Being Male or Female Relates to School & Work

I need help:	SA	A	N	D	SD
11. To know how to handle "kidding" from other students if I am interested in activities usually chosen by the opposite sex.	SA	A	N	D	SD
12. To know that I may choose any job that I like and I can do well.	SA	A	N	D	SD

Part I: Items

Category F: Making Decisions

I need help:

	SA	A	N	D	SD
13. To know what things are important to me.	SA	A	N	D	SD
14. To know how to come up with many possible solutions to a problem.	SA	A	N	D	SD
15. To know how to set goals and make plans.	SA	A	N	D	SD
16. To know how to make good decisions and act on them.	SA	A	N	D	SD
17. To know how to look at my decisions and change bad ones.	SA	A	N	D	SD
18. To know how to accept responsibility for my decisions.	SA	A	N	D	SD

Category H: Understanding & Getting Along with Others

I need help:

	SA	A	N	D	SD
19. To know how to be a good friend.	SA	A	N	D	SD
20. To understand my friends and classmates.	SA	A	N	D	SD
21. To know how to get along with both boys and girls.	SA	A	N	D	SD
22. To understand people who are different from me.	SA	A	N	D	SD
23. To know how to ask parents, teachers, and other adults for help.	SA	A	N	D	SD

Category J: Improving Study & Learning Skills

I need help:

	SA	A	N	D	SD
24. To know how to organize my time.	SA	A	N	D	SD
25. To know how to listen and ask questions in class.	SA	A	N	D	SD
26. To know how to organize my class and homework materials.	SA	A	N	D	SD
27. To take good notes.	SA	A	N	D	SD
28. To know how to start and finish my assignments well.	SA	A	N	D	SD
29. To know how to do my best on tests.	SA	A	N	D	SD

Category K: Knowing How Drugs & Alcohol Affect Me and My Friends

I need help:

	SA	A	N	D	SD
30. To know what alcohol & drugs do to a person's body and mind.	SA	A	N	D	SD
31. To know how to say "NO" to people who try to get me to use drugs and/or alcohol.	SA	A	N	D	SD
32. To know where to get help for myself or a friend who has a problem with drugs and/or alcohol.	SA	A	N	D	SD

Category M: Learning from Friends and Others About Middle/Junior High School

I need help:

	SA	A	N	D	SD
33. To understand the challenges I may have in middle/junior high school.	SA	A	N	D	SD
34. To know where to go to get help when I have a problem concerning middle/junior high school.	SA	A	N	D	SD
35. To know what will be expected of me in middle/junior high school.	SA	A	N	D	SD

PLEASE COMPLETE REVERSE SIDE (OVER)

► Part I: Items

► Category N: Learning How to Use Leisure Time

I need help:

SA A N D SD

36. To know about different hobbies, sports, and activities that I can do and enjoy doing during my spare time.

SA A N D SD

► Category O: Planning for School

I need help:

SA A N D SD

37. To know what is expected of me in the next grade.
 38. To know how to make choices at school that fit my interests and abilities.
 39. To know that classes (math, science, reading, P.E., etc.) are important in jobs and daily living.

SA A N D SD

SA A N D SD

SA A N D SD

► Category P: Learning about Family Responsibilities

I need help:

SA A N D SD

40. To know how to get along with my parents, step-parents or guardians.
 41. To know how to get along with my brother, sister, or step-brother, step-sister.
 42. To know some things that cause problems in families (moving, divorce, death, or unemployment).
 43. To know how to find help when my family has problems.
 44. To know how to help with family responsibilities.

SA A N D SD

SA A N D SD

SA A N D SD

SA A N D SD

SA A N D SD

► Part II: Optional Items

(Each school may develop up to seven items of its own.)

Instructions: Your teacher may read statements. Indicate your answers to these statements by blackening the circle, as previously.

SA A N D SD

1. _____ SA A N D SD

2. _____ SA A N D SD

3. _____ SA A N D SD

4. _____ SA A N D SD

5. _____ SA A N D SD

6. _____ SA A N D SD

7. _____ SA A N D SD



PLEASE DO NOT MARK IN THIS AREA

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